



MAY 2016 NEWSLETTER

MON 6 JUNE – MON 11 JULY

TUES 7 JUNE – TUES 12 JULY

WED 8 JUNE – WED 13 JULY

6 WEEKS = £58.00 (including exercise pack)

A very warm welcome to the summer term and to all newcomers! Please note that the **Monday class on the 27th June I have changed to **Friday 1st July**. The class will begin at **9.45 am**.**

I am very happy to say I have created an exercise pack (due to popular demand) to refer to during the holiday period when I am not teaching. It is in printing at the moment and I really do hope you enjoy it and find it useful.

Summer class dates during August are as follows and I will be gathering numbers over the next few weeks.

**Mon 15, Tues 16, Thurs 25, Fri 26, Tues 30, Wed 31 August.
All these classes will run from 10-11.00 am.**

**Please make cheques payable to Pam's Pilates.
or make a payment to:**

**Intelligent Finance Sort Code: 119100 Account Number 02889122
Ref: Your surname**

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